

The TOTLINE is

FREE CONFIDENTIAL

TELEPHONE INFORMATION SERVICE

western montana
MENTAL HEALTH CENTER
CHILDREN SERVICES

728-6550 1-800-346-ABCD

(SORRY, WE CAN'T ANSWER MEDICAL QUESTIONS)

western montana MENTAL HEALTH CENTER T-12 Fort Missoula Missoula, Montana 59801



western montana VTAL HEALTH CENTER CHILDREN SERVICES

Totline



Answers Concerns About
Children
0-5 Years Old

728-6550 1-800-346-ABCD

A SPECIAL SERVICE FOR CONCERNED PARENTS

Caring for young children often brings to mind questions such as: "Is it normal for kids to act this way?" or "Is there a better way to handle this?"

TOTLINE is now available to answer these questions.

TOTLINE can put you in touch with a specialist in child development and parenting. The TOTLINE specialist will listen, discuss, answer questions and make suggestions.

Your call to TOTLINE will be returned within 1 to 3 days.

Please sort out your concerns on the checklist and give us a call at 728-6550, or 1-800-346-ABCD (2223), Monday through Friday, 8:00 a.m. to 5:00 p.m.

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HOW TO USE TOTLINE:

- Call 728-6550 or 1-800-346-ABCD (2223)
- Give your name & phone number.
- Give your child's age and the items from the checklist which concern you.
- A TOTLINE specialist will return your call within 1 to 3 days.

Supported in part by: Missoula Community, Montana Childrens Trust Fund

CHECKLIST OF PARENTS' TYPICAL CONCERNS

□ Crying
☐ Sleeping habits
□ Eating
□ Toilet habits
□ Intelligence
□ Obedience
□ Nervousness
□ Adjustment to Brother or Siste
□ Tantrums
□ Moodiness
□ Speech
□ Ability to have fun
□ Sexual concerns
□ Concern with death
□ Clingy
□ Overactivity
□ Fears
□ Jealously
☐ Getting along with others
☐ Biting, hitting
□ Sharing
□ Other worries

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